



MOms in REcovery (MORE) Study Newsletter

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Study Updates

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Welcome Lisa Lamadriz and Shantelle Quint to the MORE Study team! Lisa is a Research Nurse and Shantelle is a Maine-based community partner on the Study Advisory Committee (SAC).

The Study Advisory Committee (SAC) continues to work hard to promote study activities in workgroups. The workgroups are held the 1st and 3rd Thursday of the month from 10 am - 12 pm.

We have been making good progress with recruitment of participants in the study. We've received encouraging feedback from participants about the ease of completing the online survey and the rapid receipt of gift cards through email. Our research nurses are also making terrific progress with retrospective chart reviews.

In light of the challenging conditions presented by the COVID pandemic, the team has been working hard to transition all of our study activities to be conducted online, as best as possible. We are expanding recruitment outreach to broader use of regional social media platforms and using our videoconferencing infrastructure (thank you Zoom!) to meet with team members and practice partner stakeholders remotely.

Social Media

<https://MOREStudy.org>. A special thank you to our Study Advisory Committee members who have taken the time to post on our study website blog. We invite our practice partners to contribute as well.



We are excited to now have **272 Followers**. **Like us on FB!**
<https://www.facebook.com/MORECommunityConnect>.

In the coming weeks we will be adding Instagram and Twitter presence in order to increase the reach to audiences in our study regions.

Semi-Annual Study Advisory Committee (SAC) Meeting

We held our last study advisory committee meeting on January 14th, 2020 in Portland ME. A group of SAC members who could travel to Maine were able to convene in Lebanon NH and participate via Zoom. Key meeting topics were strategies to increase recruitment outreach and how to best address important state-level policy topics in the study.



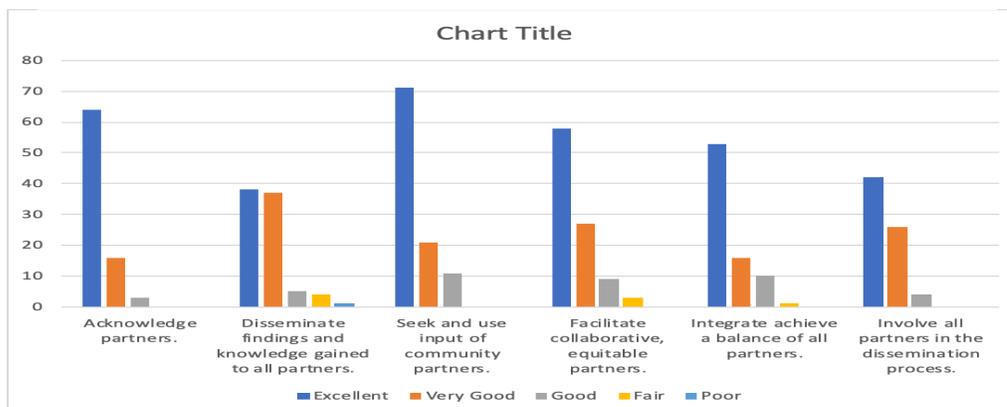
Maine Group



Lebanon Group

Save the date! The next semi-annual meeting will be held on **June 18th, 2020**. We will make a determination about how to conduct the SAC meeting in the near future.

Evaluation of Community Engagement at January 2020 SAC



A Note from the Principal Investigators

We hope this newsletter finds you well. When we came together in January for a very successful Study Advisory Committee meeting, we could not imagine we would soon be in the midst of a global pandemic. The current public health emergency has consumed all of our lives and changed how we do our work. We are particularly concerned about our study participants, many of whom lack resources to fall back on.

We understand how stressful the current situation is for maternity care practices and have adapted our processes to conduct all study activities remotely. While we already had a technology infrastructure in place for many activities, we've recognized the value of technology even more as it allows us to be physically distanced while doing the best we can to stay socially connected to our colleagues, partners, and participants to continue the important work of this study. Our nurse

researchers continue to work do their work remotely, and we are very appreciative of all of our research staff and SAC members who log into Zoom, sometimes multiple times a week (!), to keep the work moving forward. **Together, we are building a community to support women's recovery through research, policy, and clinical practice.** We look forward to coming together again in person, hopefully sometime soon!

Wishing you all the best of health,

Daisy Goodman, CNM, DNP & Sarah Lord, PhD



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NNEPQIN site: <https://www.nnepqin.org/covid-19-coronavirus-information/>

SMFM site: <https://www.smfm.org/covid19>

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