



MOMs in REcovery (MORE) Study

September/October 2019

Newsletter

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Study Updates:

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MORE Project
Community
Connection

Study Team Update: Welcome to Eleanor Malcahy, our **Research Nurse for the ME and Southern NH practices.**

Study Website: The website has been launched! <https://MOREStudy.org>. Check it out! And, check out the Blog posts! Thank you to our Study Advisory Committee members for their time and effort to post a blog. We welcome our practice partners to contribute as well.



Facebook Page: We continue to be a popular destination on Facebook. Check us out!

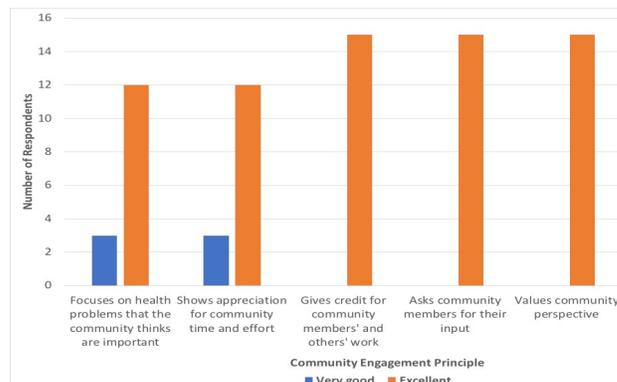
<https://www.facebook.com/MORECommunityConnect>.

Year 2 Study Activities: The study team research nurses are busy reviewing records. If they have not been to your practice yet, they will be contacting you soon!

SAC Work Groups: Our SAC Assessment/Measurement, Recruitment/Retention work groups are meeting every month and the Social Media work group meets every other month.

2019 PCORI Annual Meeting: The PCORI MORE Study Team attended the annual meeting in September. A study poster was presented: "MOMs in REcovery (MORE) Study: The power of a patient, clinician, and state policy research partnership." If you would like a copy, contact the Study Project Director.

Study Advisory Committee (SAC) Meeting: The next Semi-Annual Meeting will be held in Maine somewhere along the coast in January, 2020.



Measures of community engagement from May, 2019 SAC meeting (n=15)

A Note from the Study Principal Investigators

The New Hampshire Department of Health and Human Services recently released its annual report on maternal mortality in the state. The leading cause of death during pregnancy and the first postpartum year between 2016-2017 was unintentional overdose, and another 25% to drug-related causes, and these figures resonate with conversations we have had across our region. Every one of these deaths was preventable.

Postpartum retention in substance use treatment is associated with better quality of life, reduced morbidity, and decrease in overdose deaths. Frequently identified factors contributing to substance-related maternal deaths, both regionally and across the United States, include lack of substance use disorder (SUD) treatment, lack of treatment for other mental health conditions, intimate partner violence, and lack of safe housing and basic services.

Through this study, we are asking our practice partners to help us understand what services are being provided, and which services women are accessing during pregnancy and afterwards. We hope to be able to explore the connection between those services and outcomes for mother and baby. This information is desperately needed by our policy makers, our payors, and our healthcare systems. Armed with data, we will be able to make changes that hopefully will be lifesaving and relieve suffering among the women and families we care for.

So, as we dig into data collection, including very granular questions about the nature of services and provider perceptions at each site, we are grateful to be doing this work with your input and partnership. Thank you! **AND together we can make a real difference in peoples' lives.**

Daisy Goodman, CNM, DNP & Sarah Lord, PhD



Our Study Advisory Committee community partners and study staff have been busy promoting the study at different local events. They were present at three Rally 4 Recovery events, Portland, ME; Manchester, NH; and Claremont, NH; and two candlelight vigils.



These may be of interest to you!

Dr. Joshua M. Sharfstein

Director of the Bloomberg American Health Initiative at the Johns Hopkins Bloomberg School of Public Health

Author of "The Opioid Epidemic: What Everyone Needs to Know"

"Politics and Public Health: The Case of the Opioid Epidemic"

Dartmouth Hitchcock Medical Center
Auditorium G
Thursday October 24, 2019
5 - 6 PM

Dartmouth-Hitchcock NORRIS COTTON CANCER CENTER

QUALIDIGM

MICIS-Quaidigm
Third Opioid-Related Webinar

Time & Dates: Tuesday, November 19, 2019
Noon to 1 p.m. EST

*Each webinar qualifies for a maximum of 1 CME credit.

Tuesday, November 19, 2019 12pm - REGISTER HERE
Co-Prescribing Benzodiazepines and Opioids: The Black Box of Increased Overdose Risk*
Presenter: Elisabeth Fowle Mock, MD, MPH
Learning Objectives:
- Review the trends in benzodiazepine prescribing
- Evaluate risks of co-prescribing benzodiazepines and opioids
- Consider taper plans
- Recall importance of risk reduction
*This topic was previously presented by MICIS in a December 2018 Quality Counts webinar.

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